



COMMUNITY HEALTH PLAN
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Clinical Practice Guidelines

Last Updated: 05-21-2025

Topic	Name of Guideline	Reference Sources (Organization/Web Address)	Date of Last Revision	Date Last Reviewed and Approved
ADHD	ADHD in Children and Adolescents	American Academy of Family Physicians	5/1/2016 (endorsed April 2020)	5/21/2025
ADHD	ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents	American Academy of Pediatrics	10/1/2019	2/19/2025
Adult Sinusitis	AAFP Guideline for Sinusitis in Adults	American Academy of Family Physicians	4/1/2020	2/19/2025
Alcohol Use Disorder	Pharmacotherapy for Adults With Alcohol Use Disorder in Outpatient Settings: Systematic Review	AHRQ	1/1/2018 (Systematic Review Nov 2023)	2/19/2025
Allergic Rhinitis	Allergic Rhinitis	American Academy of Family Physicians	7/1/2014 (reaffirmed April 2020)	2/19/2025
Alzheimer's Disease	Practice Guideline for the Treatment of Patients With Alzheimer's Disease and Other Dementias	American Psychiatric Association	10/1/2014	2/19/2025
Assessment of Persons with Disabilities	Guidelines for Assessment of and Intervention with Persons with Disabilities	American Psychological Association	2/1/2022 (created 2011)	5/21/2025
Asthma	Global Strategy for Asthma Management and Prevention	Global Initiative for Asthma	5/22/2024	2/19/2025
Asthma	Asthma Management Guidelines	National Heart, Lung & Blood Institute	2/1/2021	2/19/2025
Atrial Fibrillation	2023 ACC/AHA/ACCP/HRS Guideline for the Diagnosis and Management of Atrial Fibrillation: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines	American Heart Association	1/2/2024	2/19/2025
Autism	Identification, Evaluation, and Management of Children With Autism Spectrum Disorder	Pediatrics	1/1/2020	5/21/2025
Behavioral Health Clinician Tools	Behavioral Health Screening Tools for Adolescents and Children	CHPW Forms and Tools	9/1/2018	5/21/2025
Behavioral Health Integration	Bree Collaborative: Behavioral Health Integration Report and Recommendations	Bree Collaborative	3/1/2017	5/21/2025
Behavioral Health, Pediatric	BLUE MENU OF EVIDENCE-BASED PSYCHOSOCIAL INTERVENTIONS FOR YOUTH	Practice Wise LLC	10/1/2023	5/21/2025

Bipolar Disorder	VA/DoD Clinical Practice Guideline for Management of Bipolar Disorder in Adults	VA/DOD	5/1/2023	1/29/2024
Car Seats	Child Passenger Safety: American Academy of Pediatrics	American Academy of Pediatrics	1/4/2022	1/29/2024
Childhood Anxiety	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders	AACAP	5/18/2020	1/29/2024
Childhood Depression	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Major and Persistent Depressive Disorders	AACAP	5/1/2023	1/29/2024
Cholesterol	AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the Management of Blood Cholesterol: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines	American Heart Association	8/14/2023	2/19/2025
Chronic Kidney Disease	VA/DoD CLINICAL PRACTICE GUIDELINE FOR THE MANAGEMENT OF CHRONIC KIDNEY DISEASE	VA/DOD	4/1/2025	5/21/2025
COPD	GLOBAL STRATEGY FOR PREVENTION, DIAGNOSIS AND MANAGEMENT OF COPD: 2025 Report	Global Initiative For Chronic Obstructive Lung Disease	11/15/2024	2/19/2025
Depression - Adult Screening	Screening for Depression in Adults	https://jamanetwork.com/	1/26/2016	5/21/2025
Depression - Major	American Psychiatric Association Practice Guideline for the Treatment of Patients With Major Depressive Disorder	American Psychiatric Association	10/1/2016	5/21/2025
Depression - Pregnancy and Postpartum	Primary Care Screening for and Treatment of Depression in Pregnant and Postpartum Women (2016)	Journal of the American Medical Association	1/26/2016	5/21/2025
Depression Following Coronary Events	Depression Following Acute Coronary Syndrome Events: Screening and Treatment Guidelines from the AAFP	American Academy of Family Physicians	6/15/2019	5/21/2025
Diabetes	Standards of Medical Care in Diabetes (2025)	American Diabetes Association	12/23/2024	5/21/2025
Eating Disorders	The American Psychiatric Association Practice Guideline for the Treatment of Patients With Eating Disorders, Fourth Edition	Psychiatry Online	2/1/2023	1/29/2024
Gender Affirming Care	Standards of Care for the Health of Transgender and Gender Diverse People, Version 8	The World Professional Association for Transgender Health	9/15/2022	2/19/2025
Gout	Management of Acute and Recurrent Gout	American Academy of Family Physicians	4/1/2014 (Endorsed April 2017)	2/19/2025
Heart Failure	2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines	American Heart Association	4/10/2022	1/29/2024

High Risk Medications	American Geriatrics Society 2023 updated AGS Beers Criteria for potentially inappropriate medication use in order adults	American Geriatrics Society	3/1/2023	2/19/2025
Hypertension	American College of Cardiology 2017 Guideline for High Blood Pressure in Adults	American College of Cardiology	5/17/2018	2/19/2025
Immunizations	ACIP Vaccine Recommendations and Guidelines	Center for Disease Control and Prevention	1/7/2025	5/21/2025
LGBTQ Health Care	Bree LGBTQ Health Care Report and Recommendations	The Bree Collaborative	9/1/2018	1/29/2024
Low Back Pain	Bree Collaborative: Spine/Low Back Pain Topic	Bree Collaborative	11/1/2013	1/29/2024
Obesity in Adults	VA/DoD CLINICAL PRACTICE GUIDELINE FOR THE MANAGEMENT OF ADULT OVERWEIGHT AND OBESITY	VA/DOD	7/1/2020	1/29/2024
Obsessive Compulsive Disorder	American Psychiatric Association Practice Guideline for the Treatment of Patients With Obsessive Compulsive Disorder Updates 2013	Psychiatry Online	3/1/2013	1/29/2024
Opioid Prescribing: Long-Term Opioid Therapy Report and Recommendations	Long Term Opioid Use Recommendations	Bree Collaborative	1/1/2020	1/29/2024
Opioid Use Disorder	Bree: Opioid Use Disorder Treatment Report and Recommendations	Bree Collaborative	11/1/2017	1/29/2024
Opioids for Pain	CDC Guideline for Prescribing Opioids for Pain United States 2022	Center for Disease Control and Prevention	11/4/2022	1/29/2024
Osteoporosis and Low Bone Density Screening	Osteoporosis to Prevent Fractures: Screening	U.S. Preventative Services Task Force	1/14/2025	5/21/2025
Otitis Externa - Acute	Acute Otitis Externa	American Academy of Family Physicians	9/1/2014 (reaffirmed 2019)	1/29/2024
Otitis Media in Children	Acute Otitis Media in Children	American Academy of Family Physicians	1/15/2017	5/21/2025
Panic Disorder	American Psychiatric Association Practice Guideline for the Treatment of Patients with Panic Disorder	American Psychiatric Association	1/1/2009	1/29/2024
Pediatric Collaborative Care	Clinical Update: Collaborative Mental Health Care for Children and Adolescents in Pediatric Primary Care	AACAP	2/1/2023	1/29/2024
Pediatric Lead Screening	Blood Lead Testing: Information for Health Care Providers	Washington Department of Health	1/1/2024	5/21/2025
Preventive Care, Pediatric	Preventive Pediatric Health Care	Bright Futures/American Academy of Pediatrics	12/1/2024	5/21/2025
Preventive Services, Adult	Adult Preventive Health Care Schedule: Recommendations from the USPSTF (as of August 16, 2019)	American Academy of Family Physicians	8/16/2019	1/29/2024
Preventive Services, Postpartum	Postpartum Care: An Approach to the Fourth Trimester	American Academy of Family Physicians	10/15/2019	1/29/2024
Preventive Services: Preconception Care	Preconception Care (Position Paper)	American Academy of Family Physicians	12/1/2015	1/29/2024
Preventive Services: Prenatal Care	Update on Prenatal Care (Includes USPSTF recommendations)	American Academy of Family Physicians	2/1/2014	1/29/2024

Shared Decision Making	Bree Collaborative: Shared Decision Making	Bree Collaborative	1/1/2019	5/21/2025
Sleep Apnea in Children	American Academy of Pediatrics current Clinical Practice Guideline: Diagnosis and Management of Childhood Obstructive Sleep Apnea Syndrome	American Academy of Pediatrics	9/1/2012	1/29/2024
Substance Use Disorder	Practice Guideline for the Treatment of Patients with Substance Use Disorders, Second Edition (2006)	American Psychiatric Association	8/1/2006	1/29/2024
Vaginal Birth After Cesarean	Vaginal Birth After Cesarean	American Academy of Family Physicians	5/1/2014 (reaffirmed 2019)	1/29/2024
Venous Thromboembolism	Deep Venous Thrombosis and Pulmonary Embolism: Current Therapy	American Academy of Family Physicians	3/1/2017	1/29/2024